



## Victory Dancing for Teens: Smooth Moves for Getting to the Winner's Circle

By Nancy Pristine, Connie L. Lindsey

CreateSpace. Paperback. Book Condition: new. BRAND NEW, Victory Dancing for Teens: Smooth Moves for Getting to the Winner's Circle, Nancy Pristine, Connie L. Lindsey, This award-winning book is about conquering fear and self-doubt and replacing it with total exhilaration and positive energy. Pristine's fun and powerful Victory Dance techniques use colour, music, visualisation and positive affirmation to create new ways of feeling, thinking and performing at school, at home, and in life. As teens begin to weave this technique into their subconscious, it will become part of their 'cellular memory' and a lifetime blueprint for happiness and success! Foreword by Connie L Lindsey, National Girl Scouts of the USA. Ten percent of the proceeds of this book benefit the Guide Dog Foundation for the Blind.

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