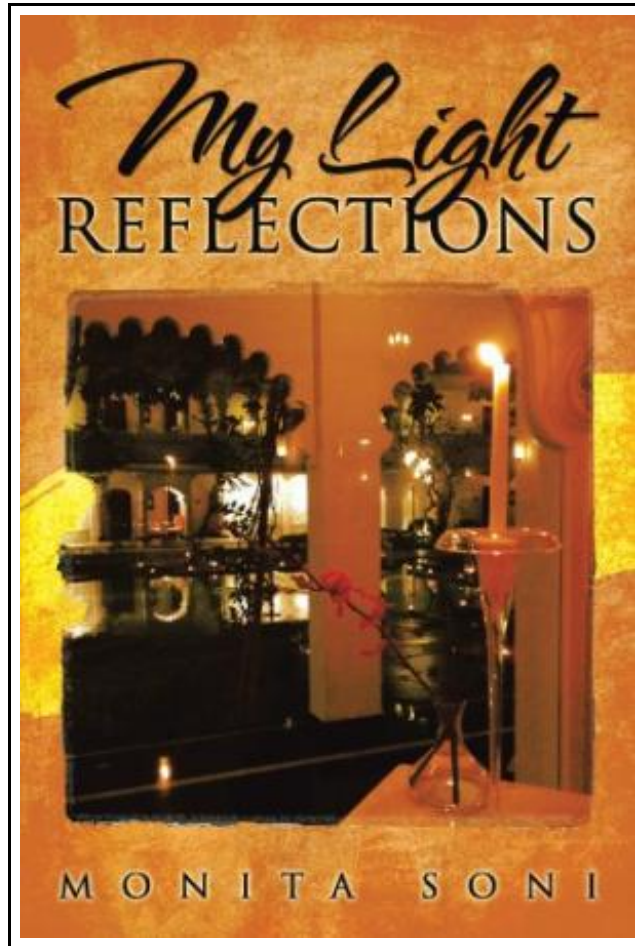


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Reviews

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AuthorHouse. Paperback. Book Condition: New. Paperback. 92 pages. Dimensions: 9.0in. x 6.0in. x 0.2in. To read Dr. Monita Sonis My Light Reflections, is to try and take the measure of light in its myriad illuminations, the shifting rays that color a landscape stretching from Huntsville, Alabama to Mumbai, Jaipur, the Aravalli hills, to a garden, a wilderness, a reflection pond a kitchen, an artists studio, and a pathology lab. Her book is lesson, a lexicon, a legend, story, journey, travelogue, a gift of laughter and exquisite joy. Dr. Sonis reflections are illuminations; they are moonlight and sunlight, science, and art and a trajectory of life to borrow the title of her initial poem. To read her poetry is to truly step out in pure awe Dr. Sonis kaleidoscope nourishes the creative spirit as the myriad reflections that bring to view family relationships-the love for a father who quotes the Bhagavad Gita, Arabic poetry, Charles Dickens, and Mark Twain, for a son who lives in Jaipur, a daughter who is described as a moon-maiden. The book is savory parathas (griddle-flaky flat bread) and mangos. It is stories of sisters, the very keepers of each others identity: it is bed tea, and butterscotch laughter My Light Reflections traces the souls journey to that place within where the thousand petal lotus blooms Dr. Soni reminds us as loving earthly beings that our body is precious; it is our vehicle for awakening A painter, poet, physician and philosopher, her words are prescriptions for how to live both fully and well. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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